



Arm Pad

To adjust the arm pad, slide the pad forward, backward or side to side.



Arm Height

Push the armrest button to adjust the arm height up and down



Tilt Lock

To activate the tilt lock: while seated in the chair, tilt the back to desired position and push lever down to activate the tilt lock. To deactivate the tilt lock: while seated in the chair, pull the lever up and lean back to release the tilt lock



Lumbar Support

To raise lumbar support, remove your weight from the back rest and adjust handles upwards. To lower lumbar support, remove your weight from the back rest and adjust handles downwards.



Seat Slider

Pull handle on the front right side of the seat and move seat to desired



Tilt Tension Adjustment

Rotate the handle clockwise to increase tension. Rotate the handle counter clockwise to decrease tension.



Seat Height Adjustment

The J1 cylinder is designed with a smooth and controlled descent. To lower the seat height, sit on the seat and lift the lever until desired height is reached, release the lever. To raise the seat height, remove your weight from the chair and lift the lever until desired height is reached, release the lever.

Caution: Instability Hazard

Mobile items on casters such as flip tops, personal and movable tables, storage items, and chairs present an instability hazard if not used correctly. This chair has been designed and tested for users weighing up to 300 lbs. Do not use the chair for other than the intended purpose. Do not stand, lean on or use the chair as a ladder. Sitting on the edge of the chair or arm may cause it to tip. Tipping the chair can result in serious injury. Use caution when abrupt level changes in the floor are present (such as a doorway or room threshold) as caster failure or tipping may result. Frequently inspect the chair for visible cracks and/or damages, tighten all screws, bolts, adjustable knobs and parts on a regular basis. Discontinue chair use if it becomes damaged or unstable. Failure to follow these warnings could result in serious injury. Tayco reserves the right to modify or cancel the program/order/product at any time without notice. For J1 warranty details, please visit www.tayco.com.